

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
ADD - Friendly Ways to Organize Your Life	<b>ADD</b>		2002	Judith Kolberg and Kathleen Nadeau
Adult ADD - The Complete Handbook	<b>ADD</b>		1997	David B. Sudderth and Joseph Kandel
Driven To Distraction: Recognizing and Coping with Attention Deficit	<b>ADD</b>		1994	Edward M. Hallowell and John J. Ratey
The ADD Answer: How to Help Your Child Now	<b>ADD</b>		2004	Frank Lawlis
Attention Deficit Disorder in Adults (Copy 1)	<b>ADD/ADHD</b>		1997	Lynn Weiss
Attention Deficit Disorder in Adults (Copy 2)	<b>ADD/ADHD</b>		1997	Lynn Weiss
The Hyperactive Child	<b>ADD/ADHD</b>		1992	Grant L. Martin
The CHADD Information and Resource Guide to AD / HD	<b>ADHD</b>		2001	Patricia Harman
Finding Our Way, Advocating for People with Mental Illness in the	<b>Advocate</b>	<b>Criminal Justice</b>	2008	NAMI NJ
Finding Our Way, Advocating for People with Mental Illness in the	<b>Advocate</b>	<b>Criminal Justice</b>	2008	NAMI NJ
Aromatherapy Workbook	<b>Aromatherapy</b>		1990	Marcel Lavabre
I Have a Voice: Images By The Severly Mentally Ill	<b>Art Therapy</b>		2001	Elise Mitchell Sanford
Making Peace With Autism: One Family's Story of Struggles,	<b>Autism</b>		2005	Susan Senator
Topics in Autism: Siblings of Children with Autism: A Guide For	<b>Autism</b>		1994	Sandra L. Harris
Bipolar Disorder, Advances in Psychotherapy	<b>Bipolar</b>	<b>Mayo Clinic</b>	2005	Robert P. Reiser, Larry W. Thompson
Bipolar Disorder Demystified	<b>Bipolar</b>		2003	Lana R. Castle and Peter C. Whybrow
Bipolar Disorder: A Guide for Patients and Families (Copy 1)	<b>Bipolar</b>		1999	Francis M. Mondimore
Bipolar Disorder: A Guide for Patients and Families (Copy 2)	<b>Bipolar</b>		2006	Francis M. Mondimore
Inspire Positive Dialogue: for Patients with Bipolar I Disorder and	<b>Bipolar</b>		2004	Reconnections
The Bipolar Disorder Survival Guide: What You and Your Family	<b>Bipolar</b>		2002	David J. Miklowitz
The Bipolar Disorder Survival Guide: What You and Your Family	<b>Bipolar</b>		2002	David J. Miklowitz
The Bipolar Disorder Survival Guide: What You and Your Family	<b>Bipolar</b>		2002	David J. Miklowitz

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
Borderline Personality Disorder Demystified: As Essential Guide for	<b>Borderline</b>		2004	Robert O. Friedel, MD
Cognitive-Behavioral Treatment for Borderline Personality Disorder	<b>Borderline</b>		1993	Marsha Linehan
Lost in the Mirror, An Inside Look at Borderline Personality Disorder	<b>Borderline</b>		2001	Richard A. Moskowitz
New Hope for People with Borderline Personality Disorder	<b>Borderline</b>		2002	Neil R. Bockian, Elizabeth E. Villagran, and Valerie Porr
The Anatomy of Hope, How People Prevail in the Face of Illness	<b>Coping</b>		2004	Jerome Groopman
Counseling the Culturally Different: Theory and Practice	<b>Counseling</b>	<b>Cultural</b>	1990	Derald Wing Sue and David Sue
Mental Health Care for New Hispanic Immigrants: Innovative	<b>Counseling</b>	<b>Cultural</b>	2005	Manny J. Gonzalez, DSW and Gladys Gonzales-Ramos, PhD
Culture, Ethnicity and Mental Illness	<b>Cultural</b>		1993	Albert G. Gaw, M.D.
Breaking the Patterns of Depression	<b>Depression</b>		1997	Michael D. Yapko
Depression: Questions You Have ...Answers You Need	<b>Depression</b>		1995	Sandra Salmans
I Don't Want to Talk About It: Overcoming The Secret Legacy of	<b>Depression</b>	<b>Male</b>	1997	Terrence Real
Prozac and Other Psychiatric Drugs: Everything You Need to Know	<b>Depression</b>	<b>Medication</b>	1996	Lewis A. Opler, M.D., PH.D. and Carol Bialkowski
Prozac and the New Antidepressants	<b>Depression</b>	<b>Medication</b>	2000	William S. Appleton, M.D.
Standing in the Shadows: Understanding and Overcoming	<b>Depression</b>	<b>Diversity</b>	2004	John Head
Talking to Depresson: Simple Ways to Connect When Someone in Your	<b>Depression</b>		2004	Claudia J. Strauss and Martha Manning
The Depression Book: Depression as an Opportunity for Spiritual Growth	<b>Depression</b>		1999	Cheri Huber and June Shiver
The Good News About Depression: Cures and Treatments In the New	<b>Depression</b>		1986	Mark S. Gold
The Mindful Way Through Depression: Freeing Yourself From	<b>Depression</b>		2007	Mark Williams, John D. Teasdale, Zindel V. Segal, and Jon Kabat-Zinn
The Noonday Demon: An Atlas of Depression	<b>Depression</b>		2001	Andrew Solomon
Understanding Depression: What We Know and What You Can Do	<b>Depression</b>		2002	J. Raymond DePaulo Jr. and Leslie Alan Horvitz
You Can Beat Depression: A Guide to Prevention and Recovery	<b>Depression</b>		1950	Dr. John Preston
A Mood Apart: The Thinker's Guide to Emotion and Its Disorders	<b>Depression/ Bipolar</b>		1997	Peter C. Whybrow

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
Living Well with Depression and Bipolar Disorder: What Your Doctor	<b>Depression/ Bipolar</b>		2006	John McManamy
Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)	<b>Diagnosis</b>		1994	American Psychiatric Association
Stedman's Medical Dictionary: 25th Edition	<b>Diagnosis</b>		1990	Williams and Wilkins
Quick Reference to the Diagnostic Criteria From DSM-IV (Older)	<b>Diagnosis</b>		1994	American Psychiatric Association
Quick Reference to the Diagnostic Criteria From DSM-IV (Copy 2)	<b>Diagnosis</b>		2000	American Psychiatric Association
Eating Disorders	<b>Eating Disorders</b>		2003	Trudy Strain Trueit
Elder Rage - or Take My Father...Please !: How To Survive	<b>Elderly</b>		2001	Jacqueline Marcell
When Someone in the Family Drinks Too Much	<b>Family Issues</b>	<b>Substance Abuse</b>	1996	Richard C. Langsen and Nicole Rubel
1994 Psychiatric Rehabilitation & Community Support, Vol 2, No. 1, Anquished Voices: Siblings & Adult Children of Depressed Parents	<b>Family Issues</b>		1994	Rex Dickens
A Family Affair: Helping Families Cope with Mental Illness, Report	<b>Family Issues</b>		1986	Group for the Advance of Psych.
Breaking Points	<b>Family Issues</b>		1985	Jack Hinckley
Contagious Emotions: Staying Well When Your Loved One is Depressed	<b>Family Issues</b>		1992	Ronald M. Podell, M.D., with Porter Shimer
Coping Strategies for Relatives of the Mentally Ill (booklet)	<b>Family Issues</b>		1982	Joel Kanter
Helping Someone With Mental Illness (Copy 1)	<b>Family Issues</b>		1998	Rosalynn Carter
Helping Someone With Mental Illness (Copy 2)	<b>Family Issues</b>		1998	Rosalynn Carter
Helping Someone With Mental Illness (Copy 3)	<b>Family Issues</b>		1998	Rosalynn Carter
Helping Someone With Mental Illness (Copy 4)	<b>Family Issues</b>		1998	Rosalynn Carter
I am Not Sick, I Don't Need Help!: How to Help Someone with Mental	<b>Family Issues</b>		2000	Xavier Amador
I am Not Sick, I Don't Need Help!: How to Help Someone with Mental	<b>Family Issues</b>		2000	Xavier Amador
I am Not Sick, I Don't Need Help!: How to Help Someone with Mental	<b>Family Issues</b>		2000	Xavier Amador
I am Not Sick, I Don't Need Help!: How to Help Someone with Mental	<b>Family Issues</b>		2007	Xavier Amador
I am Not Sick, I Don't Need Help !: How to Help Someone with Mental	<b>Family Issues</b>		2007	Xavier Amador

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
I'm Not Alone: A Teen's Guide to Living with a Parent Who has a	<b>Family Issues</b>		2006	Michelle D. Sherman and DeAnne M. Sherman
Involving Families in Mental Health Services: A Guidebook for Families	<b>Family Issues</b>		1994	Shirley Glynn and Thomas E. Backer
Letters to Sam: A Grandfather's Lessons on Love, Loss, and the Gifts	<b>Family Issues</b>		2006	Daniel Gottlieb
Making Room At the Table: Facilitator's Guide to Group	<b>Family Issues</b>		1997	Elizabeth Jeppson et al.
Mental Illness for Caregivers	<b>Family Issues</b>		1998	Irving G. Walmann
Sharing The Load: What to Do When Someone You Love is	<b>Family Issues</b>		1996	Gwendoline Smith
The Caring Family: Living with Chronic Mental Illness	<b>Family Issues</b>		1982	Kayla F. Bernheim, Richard R. J. Lewine, and Caroline T. Beale
The Family Intervention Guide to Mental Illness: What You Need to	<b>Family Issues</b>		2007	Bodie Morey and Kim T. Mueser
The Skipping Stone: Ripple Effects of Mental Illness on the Family	<b>Family Issues</b>		1995	Mona Wasow
The Curious Incident of the Dog in the Night-Time	<b>Fiction</b>	<b>Autism</b>	2003	Mark Haddon
72 Hour Hold (Hardback) (Copy 1)	<b>Fiction</b>	<b>Bipolar</b>	2004	Bebe Moore Campbell
72 Hour Hold (Paperback) (Copy 2)	<b>Fiction</b>	<b>Bipolar</b>	2005	Bebe Moore Campbell
I Know This Much is True (Hardback A) (Copy 1)	<b>Fiction</b>	<b>Schizophrenia</b>	1998	Wally Lamb
I Know This Much is True (Hardback B) (Copy 2)	<b>Fiction</b>	<b>Schizophrenia</b>	1998	Wally Lamb
I Know This Much is True (Paperback) (Copy 3)	<b>Fiction</b>	<b>Schizophrenia</b>	1998	Wally Lamb
I Never Promised You a Rose Garden	<b>Fiction</b>		1964	Joanne Greenberg and Hannah Green
Ordinary People	<b>Fiction</b>		1976	Judith Guest
Prism: Andrea's World	<b>Fiction</b>		1985	Jonathan Bliss and Eugene Bliss
Sea of Glass (Copy 1)	<b>Fiction</b>		2001	Carolyn G. Farrington and Mark Fadiman
Sea of Glass (Copy 2)	<b>Fiction</b>		2001	Carolyn G. Farrington and Mark Fadiman
Sea of Glass (Copy 3)	<b>Fiction</b>		2001	Carolyn G. Farrington and Mark Fadiman
Anthology of a Crazy Lady: A Creative Cure Through Writing and	<b>First Person Accounts</b>	<b>Art Therapy</b>	2000	Susan L. Heisler

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
A Brilliant Madness: Living With Manic Depressive Illness	<b>First Person Accounts</b>	<b>Bipolar</b>	1992	Patty Duke
An Unquiet Mind: A Memoir of Moods and Madness (Hardback)	<b>First Person Accounts</b>	<b>Bipolar</b>	1995	Kay Redfield Jamison
An Unquiet Mind: A Memoir of Moods and Madness (Paperback A)	<b>First Person Accounts</b>	<b>Bipolar</b>	1995	Kay Redfield Jamison
An Unquiet Mind: A Memoir of Moods and Madness (Paperback B)	<b>First Person Accounts</b>	<b>Bipolar</b>	1995	Kay Redfield Jamison
An Unquiet Mind: A Memoir of Moods and Madness (Hardback)	<b>First Person Accounts</b>	<b>Bipolar</b>	1995	Kay Redfield Jamison
Behind Happy Faces: Taking Charge of Your Mental Health, A Guide for	<b>First Person Accounts</b>	<b>Bipolar</b>	2007	Ross Szabo and Melanie Hall
Detour: My Bipolar Road Trip in 4-D (Hardback) (Copy 1)	<b>First Person Accounts</b>	<b>Bipolar</b>	2002	Lizzie Simon
Detour: My Bipolar Road Trip in 4-D (Paperback A) (Copy 2)	<b>First Person Accounts</b>	<b>Bipolar</b>	2002	Lizzie Simon
Detour: My Bipolar Road Trip in 4-D (Paperback B) (Copy 3)	<b>First Person Accounts</b>	<b>Bipolar</b>	2002	Lizzie Simon
Madness: A Bipolar Life	<b>First Person Accounts</b>	<b>Bipolar</b>	200	Marya Hornbacher
Manic: A Memoir	<b>First Person Accounts</b>	<b>Bipolar</b>	2008	Terri Cheney
Scattershot: A Memoir, My Bipolar Family	<b>First Person Accounts</b>	<b>Bipolar</b>	2008	David Lovelace
Skywriting	<b>First Person Accounts</b>	<b>Bipolar</b>	2004	Jane Pauley
A Place to Land: Lost and Found in an Unlikely Friendship	<b>First Person Accounts</b>	<b>Depression</b>	2003	Francis Mondimore (ck)
Darkness Visible: A Memoir of Madness (Copy 1)	<b>First Person Accounts</b>	<b>Depression</b>	1990	William Styron
Darkness Visible: A Memoir of Madness (Copy 2)	<b>First Person Accounts</b>	<b>Depression</b>	1990	William Styron
Down Came the Rain: My Journey Through Postpartum Depression	<b>First Person Accounts</b>	<b>Depression</b>	2005	Brooke Shields
Down Came the Rain: My Journey Through Postpartum Depression	<b>First Person Accounts</b>	<b>Depression</b>	2005	Brooke Shields
My Depression, a Picture Book	<b>First Person Accounts</b>	<b>Depression</b>	2005	Elizabeth Swados
Undercurrents: A Life Beneath the Surface	<b>First Person Accounts</b>	<b>Depression</b>	1994	Martha Manning
Just Checking	<b>First Person Accounts</b>	<b>OCD</b>	1998	Emily Colas
The Quiet Room: A Journey Out of the Torment of Madness (Copy 1)	<b>First Person Accountns</b>	<b>Schizo-Affective</b>		Lori Schiller and Amanda Bennett

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
The Quiet Room: A Journey Out of the Torment of Madness (Copy 2)	<b>First Person Accounts</b>	<b>Schizo-Affective</b>		Lori Schiller and Amanda Bennett
Stalking Irish Madness: Searching for the Roots of My Family's	<b>First Person Accounts</b>	<b>Schizophrenia</b>	2008	Patrick Tracey
The Center Cannot Hold: My Journey Through Madness	<b>First Person Accounts</b>	<b>Schizophrenia</b>	2007	Elyn R. Saks
The Day the Voices Stopped: A Memoir of Madness and Hope	<b>First Person Accounts</b>	<b>Schizophrenia</b>	2001	Ken Steele, Claire Berman, and Stephen M. Goldfinger
The Day the Voices Stopped: A Memoir of Madness and Hope	<b>First Person Accounts</b>	<b>Schizophrenia</b>	2001	Ken Steele, Claire Berman, and Stephen M. Goldfinger
The Day the Voices Stopped: A Memoir of Madness and Hope	<b>First Person Accounts</b>	<b>Schizophrenia</b>	2001	Ken Steele, Claire Berman, and Stephen M. Goldfinger
The Eden Express: A Memoir of Insanity	<b>First Person Accounts</b>	<b>Schizophrenia</b>	1975	Mark Vonnegut
Girl, Interrupted	<b>First Person Accounts</b>		1993	Susanna Kaysen
The Music of Madness	<b>First Person Accounts</b>		2001	Tracy L. Harris
Morning Has Broken: A Couple's Journey Through Depression	<b>First Person Accounts</b>	<b>Depression</b>	2006	Emme & Phillip Aronson
Against Medical Advice	<b>First Person Accounts</b>	<b>Tourettes, OCD</b>	2008	Hal Friedman
Asking: A 59-Minute Guide [on how] to Secure the Gift (Copy 1)	<b>Fundraising</b>		2005	Jerold Panas
Asking: A 59-Minute Guide [on how] to Secure the Gift (Copy 2)	<b>Fundraising</b>		2005	Jerold Panas
Asking: A 59-Minute Guide [on how] to Secure the Gift (Copy 3)	<b>Fundraising</b>		2005	Jerold Panas
Asking: A 59 Mintute Guide [on how] tp Secure the Gift (Copy 4)	<b>Fundraising</b>		2005	Jerold Panas
To Improve Health and Health Care: Volume V	<b>Healthcare</b>		2002	Stephen L. Isaacs
To Improve Health and Health Care: Volume VII (Copy 1)	<b>Healthcare</b>		2004	Stephen L. Isaacs
To Improve Health and Health Care: Volume VII (Copy 2)	<b>Healthcare</b>		2004	Stephen L. Isaacs
Chicken Soup for the Kid's Soul: 101 Stories of Courage, Hope, and	<b>Inspiration</b>		1998	Jack Canfield, Mark V. Hansen, Patty Hansen, and Irene Dunlap
Chicken Soup for the Soul: 101 Stories To Open the Heart and	<b>Inspiration</b>		1993	Jack Canfield and Mark V. Hansen
My Beautiful Broken Shell (Copy 1)	<b>Inspiration</b>			Carol Hamblet Adams
My Beautiful Broken Shell (Copy 2)	<b>Inspiration</b>			Carol Hamblet Adams

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
My Beautiful Broken Shell (Copy 3)	<b>Inspiration</b>			Carol Hamblet Adams
The Gift of Learning: Proven New Methods for Correcting ADD, Math	<b>Learning Disorders</b>	<b>ADD</b>	2003	Ronald D. Davis and Eldon M. Braun
Handbook of Psychiatric Drugs	<b>Medication</b>		2006	Jeffrey A. Lieberman and Allan Tasman
The Self-Help Group Sourcebook: Youg Guide to Community and	<b>Mental Health</b>	<b>Self-Help</b>	2002	Barbara J. White and Edward J. Madara
The Insider's Guide to Mental Health Resources Online	<b>Mental Health</b>		1997	John M. Grohol
Mental Illness, Can it be Cured? Prevented? Revised, 3rd Edition	<b>Mental Illness</b>		2003	Irving G. Walmann
Out of the Shadows: Confronting America's Mental Illness Crisis	<b>Mental Illness</b>		1997	E. Fuller Torrey
Depression And Hope: New Insights For Pastoral Counseling	<b>Ministry</b>		1998	Howard W. Stone
Strength for His People: A Ministry for Families of the Mentally Ill	<b>Ministry</b>		2002	Steven Waterhouse
Strength for His People: A Ministry for Families of the Mentally Ill	<b>Ministry</b>		2002	Steven Waterhouse
It Is Well With My Soul, African American Churches Task Team	<b>Ministry</b>		1997	
Beyond Prozac: Brain Toxic Lifestyles, Natural Antidotes & New	<b>Natural Health</b>	<b>Depression</b>	1995	Michael J. Norden, M.D.
Deceptively Delicious: Simple Secrets to Get Your Kids Eating	<b>Nutrition</b>		2007	Jessica Seinfeld
Natural Alternatives to Prozac	<b>Nutrition</b>	<b>Depression</b>	1996	Michael T. Murray, N.D.
The Omega-3 Connection	<b>Nutrition</b>	<b>Depression</b>	2001	Andrew Stoll, M.D.
Obsessive Compulsive Disorder, Advances in Psychotherapy	<b>OCD</b>		2006	Jonathan S. Abramowitz
Obsessive Compulsive Disorder: The Latest Assessment and	<b>OCD</b>		2006	Gail Steketee and Teresa A. Pigott
Driven To Distraction: Recognizing and Coping with Attention Deficit	<b>Parent Resources</b>	<b>ADD</b>	1994	Edward M. Hallowell and John J. Ratey
Odd Girl Out: The Hidden Culture of Agression in Girls	<b>Parent Resources</b>	<b>Agression</b>	2002	Rachel Simmons
The Everything Parent's Guide to Children With Bipolar Disorder	<b>Parent Resources</b>	<b>Bipolar</b>	2005	William Stillman
How to Behave So Your Children Will, Too!	<b>Parent Resources</b>	<b>Communi- cation</b>	2000	Sal Severe

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
How to Talk So Kids Will Listen & Listen So Kids Will Talk	<b>Parent Resources</b>	<b>Communi- cation</b>	1980	Adele Faber and Elaine Mazlish
Adolescent Depression: A Guide for Parents	<b>Parent Resources</b>	<b>Depression</b>	2002	Francis M. Mondimore
"Help Me, I'm Sad," Recognizing, Treating, and Preventing Childhood	<b>Parent Resources</b>	<b>Depression/ Adolescent</b>	1997	David G. Fassler, M.D., and Lynne S. Dumas
"Help Me, I'm Sad," Recognizing, Treating, and Preventing Childhood	<b>Parent Resources</b>	<b>Depression/ Adolescent</b>	1997	David G. Fassler, M.D., and Lynne S. Dumas
Lonely, Sad and Angry: A Parent's Guide to Depression in Children &	<b>Parent Resources</b>	<b>Depression/ Adolescent</b>	1995	Barbara D. Ingersoll, PH.D., and Sam Goldstein, PH.D.
Overcoming Depression: The Definitive Resource for Patients and	<b>Parent Resources</b>	<b>Depression/ Bipolar</b>	1997	Demitri Papolos, M.D., and Janice Papolos
Overcoming Depression: The Definitive Resource for Patients and	<b>Parent Resources</b>	<b>Depression/ Bipolar</b>	1997	Demitri Papolos, M.D., and Janice Papolos
Raising a Moody Child: How to Cope with Depression and Bipolar	<b>Parent Resources</b>	<b>Depression/ Bipolar</b>	2004	Mary A. Fristad and Jill Goldberg-Arnold
Help Me to Help My Child: A Sourcebook for Parents of Learning	<b>Parent Resources</b>	<b>Learning Disorders</b>	1990	Jill Bloom
Psychiatric Medications for Children: Medication and Treatment	<b>Parent Resources</b>	<b>Medication</b>	2005	Mark Perrin
Straight Talk about Psychiatric Medications for Kids	<b>Parent Resources</b>	<b>Medication</b>	1999	Timothy E. Wilens
Freeing Your Child from Obsessive-Compulsive Disorder: A Powerful,	<b>Parent Resources</b>	<b>OCD</b>	2000	Tamar E. Chansky
A Parent's Guide For Suicidal and Depressed Teens: Help for	<b>Parent Resources</b>	<b>Suicide</b>	1995	Kate Williams
Get Out Of My Life: A Parent's Guide to the New Teenager	<b>Parent Resources</b>	<b>Teenager</b>	1991	Anthony E. Wolf
Parenting Teenagers: Systematic Training for Effective Parenting of	<b>Parent Resources</b>	<b>Teenager</b>	1998	Don Dinkmeyer, Sr., Gary McKay, and Joyce McKay
Parents, Teens, and Boundaries: How to Draw the Line	<b>Parent Resources</b>	<b>Teenager</b>	1993	Jan Bluestein
Treating the Tough Adolescent: A Family-Based Step-by-Step Guide	<b>Parent Resources</b>	<b>Teenager</b>	1998	Scott P. Sells
Helping Your Special Needs Child: A Practical and Reassuring Resource	<b>Parent Resources</b>		1995	Sandy Tovray and Maria Wilson-Portuondo
Is it just a Phase? : How to Tell Common Childhood Phases from	<b>Parent Resources</b>		1998	Paul Munford
Is it just a Phase? : How to Tell Common Childhood Phases from	<b>Parent Resources</b>		1998	Paul Munford
Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's,	<b>Parent Resources</b>		2005	Martin L. Kutscher, Robert R. Wolff, and Tony Attwood

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
Overcoming Depression: The Definitive Resource for Patients and	<b>Parent Resources</b>	<b>Depression/ Bipolar</b>	1997	Dimitri Papolos, M.D., and Janice Papolos
P.E.T. Parent Effectiveness Training: The Proven Program for	<b>Parent Resources</b>		1975	Thomas Gordon
Prescriptions for Parenting	<b>Parent Resources</b>		1990	Carolyn A. Meeks
The 7 Worst things That Parents Do	<b>Parent Resources</b>		1999	John C. Friel and Linda D. Friel
The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated,	<b>Parent Resources</b>		1998	Ross W. Greene
Embracing the Journey: Affirmations for Living Life as a Sexual Abuse	<b>Parent Resources</b>		1998	Ross W. Greene
Brave New Brain: Conquering Mental Illness in the Era of the	<b>Psychiatry</b>		2001	Nancy C. Andreasen, M.D., PH.D.
Discovering The Brain	<b>Psychiatry</b>		1992	Sandra Ackerman
Mapping the Brain And Its Functions: Integrating Enabling	<b>Psychiatry</b>		1991	Constance M. Pechura, Joseph B. Martin
Of Two Minds: An Anthropologist Looks at American Psychiatry	<b>Psychiatry</b>		2000	T. M. Luhrmann
Mindfulness and Psychotherapy	<b>Psychotherapy</b>		2005	Christopher K. Germer, Ronald D. Siegel, and Paul R. Fulton
The Post-Traumatic Stress Disorder SourceBook	<b>PTSD</b>		2000	Glenn R. Schiraldi
Cognitive Therapy of Schizophrenia	<b>Schizophrenia</b>		2005	David Kingdon and Douglas Turkington
Coping with Schizophrenia: A Guide for Families	<b>Schizophrenia</b>		1994	Kim T. Mueser
Diagnosis Schizophrenia: How it feels, What to Do, Staying Healthy;	<b>Schizophrenia</b>		2002	Rachel Miller
Families Coping with Schizophrenia: A Practitioner's Guide to Family	<b>Schizophrenia</b>		1995	Jacqueline M. Atkinson and Denise A. Coia
Families Helping Families: Living with Schizophrenia (Copy 1)	<b>Schizophrenia</b>		1986	Nona Dearth
Families Helping Families: Living with Schizophrenia (Copy 2)	<b>Schizophrenia</b>		1986	Nona Dearth
Saints, Scholars and Schizophrenia: Mental Illness in Rural Ireland	<b>Schizophrenia</b>		1979	Nancy Scheper-Hughes
Schizophrenia, Advances in Psychotherapy	<b>Schizophrenia</b>		2006	Steven M. Silverstein, Anthony A. Menditto
Slowly Progressive Schizophrenia and The Boundary Conditions	<b>Schizophrenia</b>		1996	A. B. Smulevich

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
Social Skills Training for Schizophrenia: A Step-by-Step	<b>Schizophrenia</b>		1997	Alan S. Bellack, Kim T. Mueser, Susan Gingerich, and Julie Agresta
Surviving Schizophrenia: A Manual for Families, Patients and Providers,	<b>Schizophrenia</b>		2006	E. Fuller Torrey
The Complete Family Guide to Schizophrenia: Helping Your Loved	<b>Schizophrenia</b>		2006	Kim T. Mueser and Susan Gingerich
Affirmations for the Family	<b>Self-Help</b>	<b>Affirmations</b>	---	Behavioral Health, Inc.
Dealing With Anger and Conflict (handbook)	<b>Self-Help</b>	<b>Anger</b>	2001	Channing L. Bete Co., Inc.
Anxiety, Phobias, & Panic: A Step-by-Step Program for Regaining	<b>Self-Help</b>	<b>Anxiety</b>	2005	Reneau Z. Peurifoy
Soothe Your Nerves: The Black Woman's Guide to Understanding	<b>Self-Help</b>	<b>Anxiety</b>	2003	Dr. Angela Neal-Barnett
The Depression Workbook: A Guide for Living With Depression and	<b>Self-Help</b>	<b>Bipolar</b>	1992	Mary Ellen Copeland
The Depression Workbook: A Guide for Living With Depression and	<b>Self-Help</b>	<b>Bipolar</b>	1992	Mary Ellen Copeland
Learning to Live With Chronic Fatigue Syndrome	<b>Self-Help</b>	<b>Chronic Fatigue</b>	1990	Edmund Blair Bolles
Give Me Hope: A Collection of Stories to Inspire Those with Mental	<b>Self-Help</b>	<b>Coping</b>	1999	Susan C. Mader
Help Me Cope: A Collection of Stories to Inspire Those with Mental	<b>Self-Help</b>	<b>Coping</b>	2001	Susan C. Mader
Feeling Good: The New Mood Therapy	<b>Self-Help</b>	<b>Depression</b>	1980	David D. Burns
How To Cope With Depression: A Complete Guide for You and Your	<b>Self-Help</b>	<b>Depression</b>	1989	J. Raymond DePaulo Jr. and Keith Russell Albow, M.D.
Overcoming Depression (Copy 1)	<b>Self-Help</b>	<b>Depression</b>	1987	Demitri F. Papolos, M.D. and Janice Papolos
Overcoming Depression (Copy 2)	<b>Self-Help</b>	<b>Depression</b>	1987	Demitri F. Papolos, M.D. and Janice Papolos
The Feeling Good Handbook	<b>Self-Help</b>	<b>Depression</b>	1990	David D. Burns
Food For Thought	<b>Self-Help</b>	<b>Eating Disorders</b>	1980	Hazelden
The Twelve Steps of Overeaters Anonymous	<b>Self-Help</b>	<b>Eating Disorders</b>	1990	Overeaters Anonymous
Change Your Brain, Change Your Life: The Breakthrough Program For Conquering Anxiety, Depression,	<b>Self-Help</b>	<b>Emotions</b>	1998	Daniel G. Amen
Feel Better Now: Thirty Ways to Handle Frustrations in 3 Minutes of	<b>Self-Help</b>	<b>Emotions</b>	1990	Christan Schriener

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
Healing for Damaged Emotions	<b>Self-Help</b>	<b>Emotions</b>	1981	David Seamands
Friends: A Manual for Connecting Persons with Disabilities and	<b>Self-Help</b>	<b>Friends</b>	1990	Angela Novak Amado, Fran Conklin, and Jane Wells
Staying Well with Guided Imagery	<b>Self-Help</b>	<b>Guided Imagery</b>	1994	Belleruth Naparstek
14,000 Things to Be Happy About (Copy 1)	<b>Self-Help</b>	<b>Happiness</b>	1990	Barbara Ann Kipfer
14,000 Things to Be Happy About (Copy 2)	<b>Self-Help</b>	<b>Happiness</b>	1990	Barbara Ann Kipfer
Healing	<b>Self-Help</b>	<b>Healing</b>	1974	Francis MacNutt
Taking Charge: Strategies for Healthy Living (manual)	<b>Self-Help</b>	<b>Healthy Living</b>	1990	R. L. Douglas
Give Me Hope: A Collection of Stories to Inspire Those with Mental	<b>Self-Help</b>	<b>Hope</b>	1999	Susan C. Mader
Overcoming Compulsive Checking: Free Your Mind from OCD	<b>Self-Help</b>	<b>OCD</b>	2004	Paul Munford
Stop Obsessing: How to Overcome Your Obsessions and Compulsions	<b>Self-Help</b>	<b>OCD</b>	1991	Edna B. Foa and Reid Wilson
Calming Your Anxious Mind: How Mindfulness and Compassion Can	<b>Self-Help</b>	<b>Panic Disorder</b>	2003	Jeffrey Brantley
When Panic Attacks: The New, Drug-Free Anxiety Therapy That	<b>Self-Help</b>	<b>Panic Disorder</b>	2006	David D. Burns
Prozac: Questions and Answers For Patients, Family and Physicians	<b>Self-Help</b>	<b>Medication</b>	1994	Dr. Ronald R. Fieve, M.D.
A Time to Be Free: Daily Meditations for Enhancing Self-	<b>Self-Help</b>	<b>Self-Esteem</b>	1991	---
How to Raise Your Self-Esteem: The Proven Actions Oriented	<b>Self-Help</b>	<b>Self-Esteem</b>	1987	Nathaniel Branden
Self-Esteem: A Proven Program of Cognitive Techniques for Assessing,	<b>Self-Help</b>	<b>Self-Esteem</b>	2000	Matthew McKay and Patrick Fanning
Self-Esteem: A Proven Program of Cognitive Techniques for Assessing,	<b>Self-Help</b>	<b>Self-Esteem</b>	1987	Matthew McKay and Patrick Fanning
A New Beginning: Daily Devotions for Women Survivors of Sexual	<b>Self-Help</b>	<b>Sexual Abuse</b>	1992	Samaritan Councelling Center
Daybreak: Meditations for Women Survivors of Sexual Abuse	<b>Self-Help</b>	<b>Sexual Abuse</b>	1991	Maureen Brady
Embracing the Journey: Affirmations for Living Life as a Sexual Abuse	<b>Self-Help</b>	<b>Sexual Abuse</b>	1992	Nancy W.
The Courage to Heal: A Guide for Woman Survivors of Child Sexual	<b>Self-Help</b>	<b>Sexual Abuse</b>	1994	Ellen Bass and Laura Davis
1,001 ways to Relax: An Illustrated Guide to Reducing Stress	<b>Self-Help</b>	<b>Stress</b>	2003	Mike George

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
Pacing Yourself: Strategies for Managing Stress (manual)	<b>Self-Help</b>	<b>Stress</b>	1990	R. L. Douglas
Recovering Your Mental Health: A Self-help Guide (Pamphlet)	<b>Self-Help</b>	<b>Stress</b>	2002	SAMHSA
The Relaxation and Stress Reduction Workbook 5th Edition	<b>Self-Help</b>	<b>Stress</b>	2000	Martha Davis, Elizabeth Robbins Eshelman, and Matthew McKay
Cutting: Understanding and Overcoming Self-Mutilation	<b>Self-Mutilation</b>		1988	Steven Levenkron
Don't Call Me Nuts: Coping With the Stigma of Mental Illness	<b>Stigma</b>		2001	Patrick W. Corrigan
On the Stigma of Mental Illness: Practical Strategies for Research and	<b>Stigma</b>		2005	Patrick W. Corrigan
Telling Is Risky Business: The Experience of Mental Illness Stigma	<b>Stigma</b>		1999	Otto F. Wahl
Adolescent Substance Abuse: New Frontiers in Assessment	<b>Substance Abuse</b>		2006	Ken C. Winters
The Alcoholism and Addiction Cure: A Holistic Approach to Total	<b>Substance Abuse</b>		2006	Chris Prentiss
Getting Past No	<b>Success</b>		1991, 93	William Ury
Getting to Yes	<b>Success</b>		1981	Roger Fisher and William Ury
Succeed on Your Own Terms: Lessons From Top Achievers	<b>Success</b>		2006	Herb Greenberg
Lay My Burden Down: Suicide and the Mental Health Crisis Among	<b>Suicide</b>		2000	Alvin F. Poussaint, M.D. and Amy Alexander
Suicide, Why?: Eighty-Five Questions and Answers About	<b>Suicide</b>		1995	Adina Wroblewski
Suicide: The Forever Decision	<b>Suicide</b>		2003	Paul Quinnett
Effective Support Groups: How to Plan, Design, Facilitate and Enjoy	<b>Support Groups</b>		1998	James E. Miller
Mapping the Mind	<b>The Mind</b>		1998	Rita Carter
World Mental Health: Problems and Priorities in Low-Income Countries	<b>The Mind</b>		1995	Robert Desjarlais, Leon Eisenberg, Byron Good, Arthur Kleinman
Willie- Raising and Loving A Child With Attention Deficit Disorder	<b>Third Person Accounts</b>	<b>ADD</b>	1997	Ann Colin
Eating an Artichoke: A Mother's Perspective on Asperger Syndrome	<b>Third Person Accounts</b>	<b>Asperger's Syndrome</b>	2000	Echo R. Fling
His Bright Light: The Story of Nick Traina (Copy 1)	<b>Third Person Accounts</b>	<b>Bipolar</b>	1998	Daniel Steele
His Bright Light: The Story of Nick Traina (Copy 2)	<b>Third Person Accounts</b>	<b>Bipolar</b>	1998	Daniel Steele

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
Blue Genes: A Memoir of Loss and Survival	<b>Third Person Accounts</b>	<b>Bipolar and Suicide</b>	2008	Christopher Lukas
Hurry Down Sunshine: A Memoir	<b>Third Person Accounts</b>	<b>Hospitalization</b>	2008	Michael Greenberg
A Beautiful Mind (Copy 1)	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1998	Sylvia Nasar
A Beautiful Mind (Copy 2)	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1998	Sylvia Nasar
A Beautiful Mind (Copy 3)	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1998	Sylvia Nasar
A Beautiful Mind (Copy 4)	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1998	Sylvia Nasar
Conquering Schizophrenia: A Father, His Son, and a Medical	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1997	Peter Wyden
Is There No Place on Earth for Me ? (Hardback (Copy A)	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1982	Susan Sheehan
Is There No Place on Earth for Me ? (Paperback A) (Copy 2)	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1982	Susan Sheehan
Is There No Place on Earth for Me ? (Paperback B) (Copy 3)	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1982	Susan Sheehan
Natalie on the Street	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1994	Ann Nietzke
The Outsider: A Journey Into My Father's Struggle with Madness	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	2000	Nathaniel Lachenmeyer
This Stranger My Son: A Mother's Story	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1968	Louise Wilson
Twists & Turns, a Mother's Caring Journey: Two Children with	<b>Third Person Accounts</b>	<b>Schizophrenia</b>	1993	Ruth C. Ackerman
9 Highland Road: Sane Living for the Mentally Ill	<b>Third Person Accounts</b>		1994	Michael Winerip
Crazy: A Father's Search Through America's Mental Health Madness	<b>Third Person Accounts</b>		2006	Pete Earley
Crazy: A Father's Search Through America's Mental Health Madness	<b>Third Person Accounts</b>		2006	Pete Earley
He Was Still My Daddy: Coming to Terms with Mental Illness	<b>Third Person Accounts</b>		1994	Laurie Samsel Olson
A Guide to Treatments that Work	<b>Treatment</b>		1998	Peter E. Nathan and Jack M. Gorman
The Gift of Life	<b>Treatment</b>		2005	Trudy Zydne-Mark
The New Breed: Understanding & Equipping the 21st Century	<b>Volunteer</b>		2008	Jonathan Mckee and Thomas W. Mckee
The Volunteer Recruitment Book	<b>Volunteer</b>		2002	Susan J. Ellis

<b>Book Title</b>	<b>Category</b>	<b>Sub- Category</b>	<b>Year</b>	<b>Authors</b>
Volunteers: How to Get Them and How to Keep Them	<b>Volunteer</b>		1999	Helen Little
Psychopharmacology And Women: Sex, Gender and Hormones	<b>Women's Issues</b>	<b>Medication</b>	1996	Margaret F. Jensvold, M.D.
Saving Our Last Nerve: The Black Woman's Path to Mental Health	<b>Women's Issues</b>		2002	Marilyn Martin
Saving Our Last Nerve: The Black Woman's Path to Mental Health	<b>Women's Issues</b>		2002	Marilyn Martin
Saving Our Last Nerve: The Black Woman's Path to Mental Health	<b>Women's Issues</b>		2002	Marilyn Martin
Saving Our Last Nerve: The Black Woman's Path to Mental Health	<b>Women's Issues</b>		2002	Marilyn Martin
The Dance of Anger: A Woman's Guide to Changing the Patterns of	<b>Women's Issues</b>		1985	Harriet Lerner
The Dance of Anger: A Woman's Guide to Changing the Patterns of	<b>Women's Issues</b>		1985	Harriet Lerner
Women's Encyclopedia of Health and Emotional Healing	<b>Women's Issues</b>		1993	Denise Foley, Eileen Nechas and Prevention Magazine
Women's Mental Health	<b>Women's Issues</b>		1997	Vivien K. Burt, M.D., Ph.D., Victoria C. Hendrick, M.D.
Women of Color: Integrating Ethnic and Gender Identities in	<b>Women's Issues</b>		1994	Lillian Comas-Diaz and Beverly Greene
Mental Health in the Workplace: A Practical Psychiatric Guide	<b>Work Place</b>		1993	Jeffrey Kahn